

## thyroidsymptoms.ca

If you just don't feel like yourself lately, it could be your thyroid.

Maternal Grandparent:	1	My Name:	Child:
Medical History:		Medical History:	Medical History:
	Parent:		
	Medical History:		
Maternal Grandparent:		Sibling:	Child:
Medical History:		Medical History:	Medical History:
	]		
Paternal Grandparent:	•	Sibling:	Child:
Medical History:		Medical History:	Medical History:
	Parent:		
	Medical History:		
Paternal Grandparent:			
Medical History:		Sibling:	Child:
		Medical History:	Medical History:
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If you or someone in your family has a thyroid disease, make sure you share this information with family members. It can help them discuss with their doctors whether they should have their TSH tested.

<sup>\*</sup>Adapted from the American Association of Clinical Endocrinologists Web site.